

Wellness Solution for 2024: ActiveFit+ from Advanta Health Solutions!

Physical and mental fitness have never been more important, but the key to employee engagement and compliance with a wellness program is meeting your population where they are on the fitness continuum. Too many programs throw up barriers that make it difficult to participate — specific gyms, wearables, and other special equipment.

Advanta Health removes these types of barriers with solutions that can be done anytime, anywhere, and without special equipment or joining a gym. All it takes to get started is a quick download of our mobile app on your smartphone and a little motivation.

New for 2024!

How Does it Work?

- + K U_#c[#fi b#gk]a #WVW UbX'a cfYzk]h'cf' k]h'ci hUk YUfUV'Y XYj]W
- + 9l YfVlgY'Uh\ca Y'k]h'nci f'ck b'Yei]da Ybh
- + J]g]hUbmcZ'h Y" \$?Z'l G':]hbYgg: UW]hYg
- + 5WVggj]fh U'Z]hbYggdfc[fUa g'fY"[""nc[Uż< =Hż 6UffYżD] UH'gż'a cfYŁ
- + FYXi W' Ubl]YhmUbX'ghfYggk]h' U'gYf]YgčZgY'Z\Y'd' a YbhU'Z]hbYggYI YfVlgYg
- + a dfcj Y'UbX'dfchVW'nci f'A G? \YU'h'k]h' B9K' dfYgW]dhj Y'a cj Ya Ybh\YU'h'k cf_ci hg

What's the Investment?

- H'Y'5W] Y:]h'6UgY' d'fc[fUa]'g'bck]'bWl XYX' Zc'f'5@a Ya VYfg'cZ'h Y'Gci h'Yfb'7cUgtU''
- H'Y'6UgY' d'fc[fUa]'bWl XYg. J]g]h']'Ub' Uddfc] YX'Z]hbYgg'Z]W]]mzK U'_]b['%\$Z\$\$\$'ghYdg' U'XUnzCF'7ca d'Y]b[]'Ub'UH\ca Y'k cf_ci h' i]g]b[]'h'Y'5W] Y:]h' <ca Y'ZYU'h' fY''
- M'i 'a Umbck' i' gY'nci f'k Y'~bYgg'Xc~Ufg'hc']'c' hck UFX'h'Y'Zc~ck]b['6i nll d'cdh]cbg.' 7ca d'Y]b[]'U'Gdch#H'A YbhU':]'hbYgg' Yl YfVlgYzG' Va]'h]b[]'UA'cj Ya Ybh<YU'h' f'A G?ŁUggYgga YbhZCF'7ca d'YH'UJ]'fh U' :]'hbYgg'k cf_ci h'

